

Monocacy Church of the Brethren

Monthly Newsletter

June 2025 – Issue 6

301-271-7425 or 240-405-5967 – <http://www.monocacychurchofthebrethren.org>



What Is the Difference between the Body, Soul, and Spirit?



Have you ever wondered the difference between the mind, body, and soul? Well, let's get started with how God created us. From the beginning of the Bible in the book of Genesis, God forms Adam from the earth and then breathes life into Adam's lungs and gives Adam his own spirit. God takes it a step further to tell us He wanted to create us in His likeness: God, Holy Spirit, and Jesus Christ—once again three in one!

This means we can say: the soul is real and the body is real. Both are distinct entities and still separate from the physical body.

1 Thessalonians 5:23 says the human soul is not only real but distinct from the body and the spirit: "Now may the God of peace himself sanctify you completely; and may your whole spirit, soul and body be preserved blameless at the coming of our Lord Jesus Christ."

What Is the Body?

This is perhaps the easiest part about our existence to comprehend. We understand what it means: see, hear, smell, taste, and touch. We know it means to witness a beautiful sunset and take in all the lovely different hues in one single sky with our eyes.

We know what it means to enjoy the sensational warmth of a hug or the way it feels when we're being kissed. We love tantalizing our tastebuds with favorite foods, and we enjoy different smells that invigorate or motivate us like the smell of a campfire or the fresh smell of earth after a torrential rainfall.

However, this physical body however isn't meant to last. God gave us physical bodies to **What Is the Soul?**

Many have debated whether or not there is a difference between the soul and spirit. But there are several scriptures that clearly separate the soul and spirit.

One key verse is Hebrews 4:12 where the author says, "For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart."

In the simplest terms, a soul is made up of our mind, emotions, and free will. In Hebrew "nephesh" means "breathing creature" its most basic definition. It can translate to several different meanings, such as soul, mind, or life.

Our soul has a tendency to be self-centered whereas our spirit was created exclusively to communicate, interact, and commune with God.

Yet, our soul and spirit are intertwined just as Hebrews 4:12 references above. While everyone's soul is active, it's not the same for everyone's spirit because of the great fall caused by Adam's sin.

When Adam sinned, his spirit died and was separated by God but God has a plan to redeem not only Adam but all of mankind through His Son, Jesus. Only through Christ can our spirits be reconciled and connected to God.

Psalms 139:14: "For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made."

Ephesians 2:10: "For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

1 Corinthians 6:19-20: "Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your bodies."

In simple terms—our bodies were made to carry us through this world. Each of us have a birthdate and an expiration date when we will leave these worn and weathered bodies for God's Kingdom, should we choose to believe in Him!

What Is the Spirit?

The spirit is what separates believers from unbelievers in a sense. A spirit comes alive and when we accept Jesus Christ as our savior. Unlike the soul which is both physically alive and eternally alive—the spirit is what responds to the invitation of Jesus Christ, via the Holy Spirit which is the breath of God (1 Peter 3:18, Ephesians 2:4-5, Colossians 2:13).

Now that we understand we are three in one—which part of our beings are we to tend to?

Romans 8:4, also tells us how to live: according to the flesh or the spirit: "In order that the righteous requirement of the law might be fully met in us, who do not live according to the flesh but according to the Spirit."

The spiritually dead view things of the Holy Spirit as "foolishness" because they do not have the ability to discern the things of the spirit (1 Corinthians 2:12-14). This is the part of the spirit that is enabled by God to know Him (John 4:24).

It is by our spirits that we interact with God. We pray and talk to the Lord in spirit. In his letter to the Romans, Paul states that the Holy Spirit "testifies to our spirit that we are children of God" (Romans 8:16).

How Do the Body, Soul, and Spirit Work Together?

As we pour through Scripture, we will come to realize God talks about our mind, body, soul, spirit, heart, and will. Yet, each of these different parts that uniquely weave us together are integrated, yet the same inside of one flesh.

Each "part" influences the other. From whether we turn to God or turn to *that* craving when we are stressed. Or whether we try to weigh the pros and cons about a big decision and whether or not we seek the Lord for an answer.

But this is only the mind and spirit. What happens when we internalize our stress? It creates a rapid heart rate, we can't sleep, and we sometimes yield to our fleshly desires instead of running to God.

But Jesus understands.

He became a man and experienced all that we experience in our soul and flesh. The book of Hebrews says that Jesus became our great high priest:

“We have a great high priest, who has gone into heaven, and he is Jesus the Son of God. That is why we must hold on to what we have said about him. Jesus understands every weakness of ours, because he was tempted in every way that we are. But he did not sin! So whenever we are in need, we should come bravely before the throne of our merciful God. There we will be treated with undeserved kindness, and we will find help,” ([Hebrews 4:14-16](#)).

Jesus spoke repeatedly of seeking the Lord in all that we say, think, feel, and do. He often secluded Himself from crowds and his own disciples to seek time with His Heavenly Father.

It was Jesus’ faith that caused Him to turn to His Heavenly Father—much like it does for us in all of life’s circumstances. Our faith helps us believe God will move on our behalf or whether or not it influences our beliefs and attitudes. These will in part play a major role in our thinking patterns.

Are we filling up on God’s Word or what our friends, family, or what the world says? These thoughts, in turn will have an impact on our emotions and feelings. These feelings and emotions will play a role in our stress and behaviors.

In other words, the soul and body need to yield to the spirit. God has called us to live a life that glorifies the Lord in all that we do. To do this, we as Christians must die to our fleshly desires as we take up our cross—our burdens, imperfections, and weaknesses on a daily basis.

To glorify God means to place physical trust in His plan to bring [redemption](#) to our brokenness. It means remembering we were bought at a price and our lives are no longer our own. It means remembering His promises to bring wholeness and a life of abundance.

It means acknowledging our weaknesses and limitations while seeking His will, His strength, and His wisdom.

This is at the heart of being a child of God. He is all that we will ever need and His power is perfected when we allow Him to work through our mind, body, heart, and soul.

Crosswalk - [Heather Riggleman](#)

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ADVICE from a TREE

- Stand Tall
- Remember your Roots
- Reflect the light of your true Nature
- Drink plenty of Water
- Enjoy the View!

ADVICE from Solomon

With Spring Graduations, we again recall the wise words from a King from long ago, "Trust in the LORD with all your heart and lean not on your own understanding. In all your ways acknowledge Him, and He shall direct your paths. Do not be wise in your own eyes; fear the LORD and depart from evil." (Proverbs 3:5-7)

Dr. Charles Stanley wrote that we all need wisdom, not just graduates. "When God invited Solomon to ask for whatever he wanted, the king requested wisdom (1 Kings 3:9). That God-given wisdom taught Solomon that only a fool tries to solve life's problems without God's help. Any time we spend wondering about how to get out of a touchy situation is time wasted. God's guidance is more than sufficient for all the tests or trials we might have to face - but in order to benefit from it, we have to seek it out, just as Solomon did so long ago. In this life, tests come in all shapes and sizes. Some we anticipate; others blindsides us in the middle of a rainy afternoon. Some tests require us to endure; others ask us to make the right decision immediately. Regardless of the package in which the test comes wrapped, God instructs us to come to Him for the wisdom we so desperately need."

James wrote, "If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him" (1:5).

May we seek God's wisdom!

Pastor Tracy

Sunday School

Sunday from 9:30 – 10:30 am

Children's Sunday School Schedule

June 1 and June 15

Adult Sunday School

June 1 - The Adulterous Church

June 8 - The Dead Church

June 15 - The Faithful Church

June 22 - The Disgusting Church

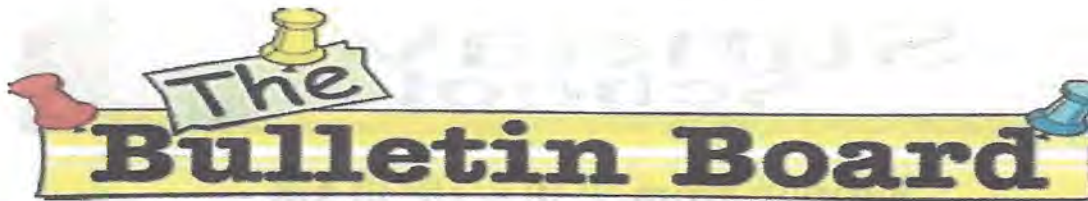
June 29 - A Look into heaven

HAPPY FATHER'S DAY

What Makes A Dad

*God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad*

Author Unknown



The Bulletin Board

Pastor Ed Robbins will be here on July 6th to deliver the message. Mark this date on your calendar and bring a friend.

Signup Sheet for Church Cleaning is on the bulletin board. There are still a few slots open to fill for the calendar year.

Have You been Baptized? We are planning an outdoor water baptism with one potential candidate and invite others who would like to make this public declaration to follow Jesus. If you have questions about membership or baptism, or want to join in this service, please contact Pastor Tracy for more information.

Missionary Marie Brown has a new book, "That They All May Be One" that highlights her 40 years of work of Christian Oneness, Biblical Unity and Revival in the nations. It can be ordered at mariebrownministries.org for \$15 plus S+H.



Pastor Schedule

June 1 – Pastor Tracy Wiser

June 8 – Pastor Sam Martz

June 15 – Pastor Tracy Wiser

June 22 – Pastor Sam Martz

June 29 – Pastor Tracy Wiser

Birthdays



Maxine Troxell 2nd
Daniel Hobbs 4th
Heather Hurley 6th
Tina Smith 8th
Tammy Hartman 9th
Ashley Hurley 17th
Maddison Eyler 23rd

Jessica Free 3rd
Tracy Gomer 6th
Tammy Smith 8th
Keiko Luke 9th
Tyler Free 13th
Judy Bohn 23rd
CJ Haller 23rd

Anniversaries

Richard and Doris Simpson 5th Ernie and Martha Snyder 12th
Dale and Lisa Reed 17th



Remember Our Servicemen

Elijah Moser – Air Force

Thank You for your service.

Contact Information

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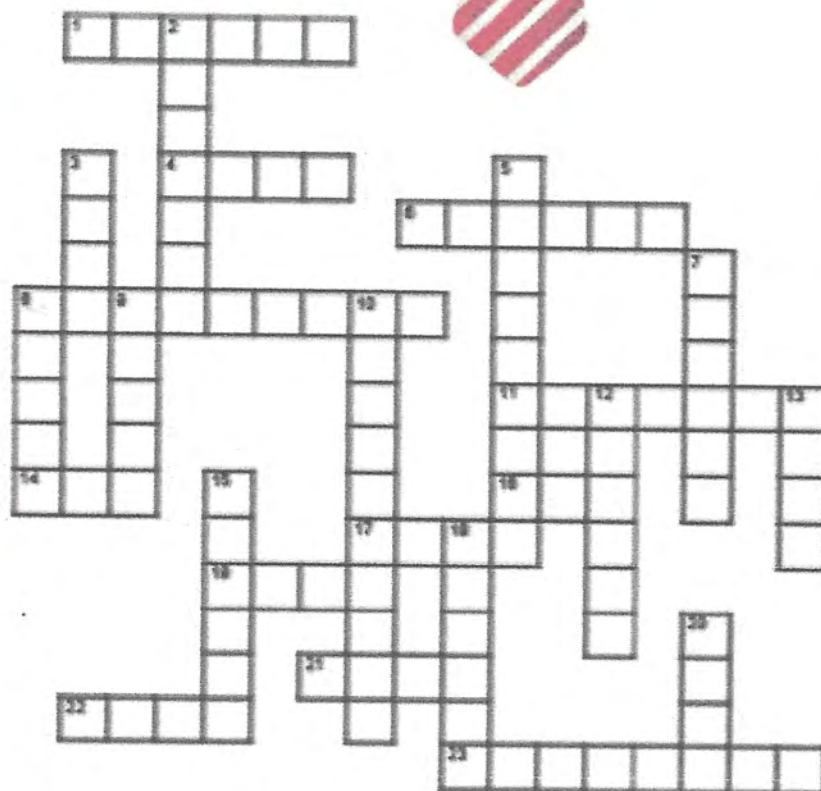
SUGGESTED DAILY SCRIPTURE READINGS JUNE

1 Jeremiah 30:11	2 Jeremiah 30:17	3 Jeremiah 31:13
4 Jeremiah 31:28	5 Jeremiah 31:3-4	6 Jeremiah 31:34
1. 7 Jeremiah 31:9	8 Jeremiah 32:40	9 Jeremiah 33:3
10 Jeremiah 33:6	11 Jeremiah 33:8	12 Job 19:25-27
13 Joel 2:29	14 Joel 3:16	15 John 1:12
16 John 10:28	17 John 11:25-26	18 John 12:26
19 John 14:12	20 John 14:13	21 John 14:16-17
22 John 14:23	23 John 14:2-3	24 John 14:26
25 John 14:27	26 John 14:3	27 John 15:10-11
28 John 15:7	29 John 16:13	30 John 16:22

Name: _____

Date: _____

Happy Father's Day



ACROSS

1. Male parent.
4. Hallmark specialty: greeting ____.
6. Physically and mentally robust.
8. Male head of the family.
11. Recreational activity for some fathers.
14. Another name for father.
16. Male offspring.
17. Token of appreciation.
19. Affection and devotion.
21. Month in which Father's Day is celebrated.
22. Loud explosive sounds and also an informal term for dad.
23. Female offspring.

DOWN

2. Source of wisdom and guidance.
3. Biggest of the Three Bears.
5. Might be served in bed on Father's Day.
7. Closeknit group of relatives.
8. Feeling of satisfaction and fulfillment.
9. Father's Day is on the ____ Sunday of the month.
10. Brave and determined.
12. Day of the week for Father's Day.
13. Popular sport for some fathers.
15. Beliefs and principles that are important.
18. Companion and confidant.
20. Superlative form of good.

Best	Courageous	Family	Friend	June	Patriarch	Son	Teacher
Breakfast	Dad	Father	Gift	Love	Papa	Strong	Third
Card	Daughter	Fishing	Golf	Papa	Proud	Sunday	Values

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